EXERCISE

GOD'S 8 LAWS OF HEALTH



E	C	N	A	R	U	D	N	E	B	L	X	U
C	H	H	S	M	Q	E	N	E	R	G	Y	J
V	I	W	T	S	O	M	S	N	U	T	S	N
O	I	B	E	L	E	V	U	O	R	K	T	A
C	I	T	O	L	A	N	E	A	M	R	R	U
I	Y	D	A	R	L	E	I	M	M	Q	E	F
B	U	T	R	L	E	N	H	P	E	T	N	I
O	Q	T	D	A	I	A	E	D	P	N	G	T
R	B	W	B	N	C	T	N	S	W	A	T	N
E	W	Z	G	B	X	O	Y	A	S	C	H	E
A	F	L	E	X	I	B	I	L	I	T	Y	S
Y	T	I	V	E	G	N	O	L	V	I	H	S

AEROBIC
ANAEROBIC
CARDIO
ENDURANCE
ENERGY
FITNESS
FLEXIBILITY
HAPPINESS
HEALTH
LONGEVITY
MOVEMENT
STRENGTH
TRAINING
VITALITY
WELLNESS

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GOD'S 8 LAWS OF HEALTH

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Solution

EXERCISE

GOD'S 8 LAWS OF HEALTH



E C N A R U D N E B L X U
C H H S M Q E N E R G Y J
V I W T S O M S N U T S N
O I B E L E V U O R K T A
C I T O L A N E A M R R U
I Y D A R L E I M M Q E F
B U T R L E N H P E T N I
O Q T D A I A E D P N G T
R B W B N C T N S W A T N
E W Z G B X O Y A S C H E
A F L E X I B I L I T Y S
Y T I V E G N O L V I H S

AEROBIC	FITNESS	MOVEMENT
ANAEROBIC	FLEXIBILITY	STRENGTH
CARDIO	HAPPINESS	TRAINING
ENDURANCE	HEALTH	VITALITY
ENERGY	LONGEVITY	WELLNESS

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